

| S | M | T | W | T | F | S |
|----------|----|----|----|----|----|----|
| December | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | | | | | |

Dec. 1 – **Nashville Christmas Parade**, 8:30am
Dec. 1 – **Predators vs. Chicago**
Dec. 1 – **The Grinch Singalong**: Schermerhorn Symphony Center
Dec. 1 – **Martina McBride**: Schermerhorn Symphony Center
Dec. 1-22 – **“A Christmas Story”**: TPAC
Dec. 1-23 – **Ballet: “Nashville’s Nutcracker”**: TPAC
Dec. 1-23 – **Disney’s “The Little Mermaid”**: Nashville Children’s Theater
Dec. 2 – **Titans vs. NY Jets**
Dec. 2 – **Childish Gambino**: Bridgestone Arena
Dec. 2 – **Brian Setzer Orchestra**: Ryman Auditorium
Dec. 2 – **Dave Barnes**: Schermerhorn Symphony Center
Dec. 3 – **Predators vs. Buffalo**
Dec. 5-23 – **Amy Grant & Vince Gill**: Ryman Auditorium
Dec. 6 – **Titans vs. Jacksonville**
Dec. 6-9 – **Marvel Universe Live**: Bridgestone Arena
Dec. 7 – **Wynton Marsalis**: Schermerhorn Symphony Center
Dec. 8-9 – **Music City Winterfest**: Centennial Park
Dec. 9 – **Celtic Thunder**: Schermerhorn Symphony Center
Dec. 9-10 – **Andrew Peterson**: Ryman Auditorium
Dec. 10 – **Jerry Lee Lewis**: Schermerhorn Symphony Center
Dec. 11 – **Predators vs. Ottawa**
Dec. 13 – **Predators vs. Vancouver**
Dec. 13-16 – **Handel’s “Messiah”**: Schermerhorn Symphony Center
Dec. 13-23 – **“Peter Pan & Tinker Bell: A Pirate’s Christmas”**: TPAC
Dec. 15 – **Predators vs. New Jersey**
Dec. 17, 22 – **Drew & Ellie Holcomb**: Schermerhorn Symphony Center
Dec. 18 – **Michael W. Smith**: Schermerhorn Symphony Center
Dec. 19-20 – **An Elvis Christmas with the Nashville Symphony**: Schermerhorn Symphony Center
Dec. 23 – **Oak Ridge Boys Christmas**: Schermerhorn Symphony Center
Dec. 24 – **Moscow Ballet’s Great Russian Nutcracker**: Ryman Auditorium
Dec. 27 – **Predators vs. Dallas**
Dec. 27 – **Robert Earl Keen**: Ryman Auditorium
Dec. 28 – **Music City Bowl**: Nissan Stadium
Dec. 29 – **Predators vs. NY Rangers**
Dec. 30 – **Titans vs. Indianapolis**
Dec. 30-31 – **Old Crow Medicine Show**: Ryman Auditorium
Dec. 31 – **Music City Midnight**: Bicentennial Mall
Dec. 31 – **John Prine**: Grand Ole Opry House

All dates subject to change without notice

More Trash Than Usual

The holidays mean a lot more trash is generated. Please remember that trash cannot be left in hallways or breezeways. Not only is it unappealing, but it is also a fire hazard. Remember to secure all trash in a bag, and break down boxes and containers before disposing to maximize available space in the dumpsters. Do not put large items such as mattresses or furniture in property dumpsters. Organizations such as Goodwill and the Salvation Army will accept such items, and some of them will even pick up for you. Let’s all work together to keep the trash under control this holiday season.

Make Online Shopping Easy

- Plan ahead. Have a set list of gifts you intend to buy.
- Use common sense. A golden rule of online shopping is that if something seems too good to be true, it probably is and you should avoid it. Shop with retailers you trust.
- Time your gift arrival. Check retailers’ shipping deadlines.
- Know retailers’ return and exchange policies. Return policies vary.
- If you aren’t comfortable paying with a credit card, research other payment options. Retailers place a tremendous importance on keeping their websites safe and protecting customers’ information. But for shoppers who are still nervous about paying by credit card, other options are often available.
- “Check It Twice” before confirming your purchase. Before you complete an online purchase, double-check billing and credit card information, shipping address and total cost of the order.
- File it. Print and save all confirmations of your purchases. This will help in many ways, from returning or exchanging items to verifying credit card or bank statements. Also, write down each purchase. It’s easy to forget how much you’ve spent if you don’t keep track. This will help both holiday spending on a budget and balancing your checkbook.



Decorating Safely

Although trees, lights and candles help homes look festive, don’t sacrifice safety in the name of holiday decorating.

- Place Christmas trees away from fireplaces and other heat sources to prevent fires.
- Check your tree lights for broken or frayed sockets and wires or any loose connections. Use no more than three light sets on one extension cord.
- Don’t treat old tinsel as a family heirloom. Make sure your tinsel and garlands are made of new material that is nonflammable. If using an artificial tree, be sure that it is fire-resistant.
- Turn off all lights and other decorations at bedtime or when you leave home. And of course, never leave burning candles unattended or in reach of small children.



December 2018

Wishing You the Best!

Our office will be closed on **Monday, December 24 and Tuesday, December 25** for the Christmas holidays. We will reopen on Wednesday, December 26 for business as usual.

As a reminder, we will also be closed on **Tuesday, January 1** for New Year’s Day.

The entire staff of Royal Arms wishes you peace, health, and happiness this holiday and in the upcoming year.

Parking Reminder

Please do not park across the street at Green Hills Grill, The Perch, Gold’s Skin Care or other businesses. They will be towing vehicles at the owner’s expense.

Steps for a Stress-Free Holiday Season

- Make a list of family and friends you will be making a purchase for and set a dollar amount for each gift.
- The earlier in the year you start shopping, the better off you are money-wise. You have more time to hunt for bargains and for items the recipient will really want.
- Ask friends, relatives and co-workers to write wish lists for you so that your holiday purchases for them are right on target.
- If you feel tired while holiday shopping, leave before you start making expensive purchases for the sake of convenience.
- Try to pay for everything in cash – not credit cards. It will help make you stay within your budget.
- Make large batches of stew, soup or casseroles and freeze them in dinner-sized portions. When time gets scarce during the holidays, simply defrost what you need.
- If sending packages through the mail, be sure you allow several extra days for delivery. The postal service, UPS, FedEx and other carriers are loaded down this time of year with packages, and extra time will be needed to assure they make their destination in time for the holidays.

Royal Arms of GREEN HILLS

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Jacob Silvey
Maintenance Tech
Michael Huffman
Groundskeeper
Mike Thomas
Courtesy Officer

Pest Control Filter Change

Wed., Dec. 26
Bldgs. C, D, E

Fitness and Laundry Code #7175





Raise your hands if you want to listen to some holiday podcasts! We've got you covered with some good ones – ready?

- *The Christmas Stocking* by Lee Cameron has been running 12 years strong. Episodes come out every few days during the holiday season plus you have past years.
- Catch stories behind your favorite holiday traditions as you listen to *Christmas Past*.
- *Can't Wait for Christmas?* Neither can comedian Tim Babb, as he gives us a taste of all the little things that make Christmas so much fun.
- How about some old time Christmas? Featuring Disney and Friends, Doris Day, Bing Crosby and more! Search for *Christmas Old Time Radio* and sing along to days gone by.
- Pretend you're by the fireplace, warm and comfy as you hear a collection of Christmas-themed short stories that will fill the heart. You'll definitely enjoy *Fireside Christmas Short Stories*.
- Want the holiday season 365 days a year? At *'Tis The Podcast* you'll hear reviews of Christmas shows, music and specials. It just might give you some ideas of movies you need to watch.
- Not everything is holly and jolly. That's why you'll especially enjoy *Weird Christmas* podcasts.
- Do you enjoy the movie *"A Christmas Carol"* as much as we do? Just type the title in your podcast search bar and get ready to listen!



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You have almost a whole month to enjoy your home decked out. Here are some ways you can decorate cheaply.

Put up a tree – big or small, lights or no lights – that's the easiest way to decorate. Make your own decorations with pinecones, popsicle sticks to look like stars, paper doilies. Side note: shop for ornaments after Christmas for decorating next year.

Hang a wreath – on a door, on a wall, on something you wouldn't necessarily think of. Leave it plain, decorate with ribbon, or goodies around the house. Consider buying fabric and cutting into strips for multi-purpose decorating.

Pillows that are colored, mixed and matched with a few holiday patterns, colors or sayings, make a fun, festive place to relax. Don't forget inexpensive throws or blankets.

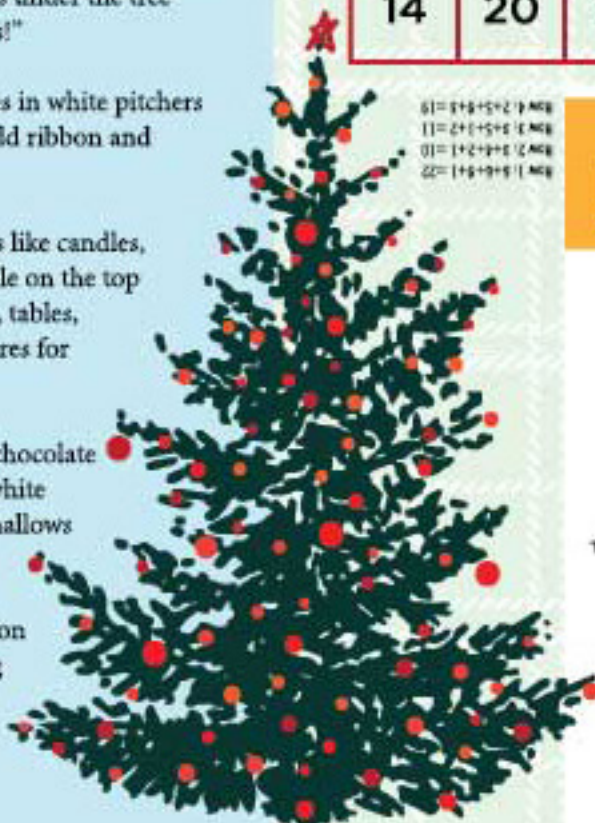
Even if you haven't bought all your Christmas gifts, go ahead and wrap what you have. Inexpensive fabric is also great to wrap now and rewrap later. Presents under the tree just say, "Happy Holidays!"

Have stairs? Line topiaries in white pitchers up the top three steps. Add ribbon and lights for a festive look.

Make fun little groupings like candles, holiday décor and sprinkle on the top of some of your cabinets, tables, mantels. Hit up thrift stores for special finds.

How about a coffee/hot chocolate bar? Add some red and white candy canes and marshmallows and you're set!

Use vintage hand towels on your bed pillows or hung over a chair. Red striped placemats and towels add a special touch.



WINTER IS OFFICIAL

Although it may already feel like winter where you live, the official start of winter is December 21. Since it has the fewest daylight hours of the year, let's make sure we get our required amount of sleep during the month.

Proper rest will make you want to take advantage of exercising. Don't let cold weather slow you down. Whether you walk or run outside, circle laps in your home or take advantage of your community workout facility, make time for your health.

'Tis the Season FOR THE CHALLENGE

Try to fill in the missing numbers.

| | | | | |
|----|----|----|---|----|
| | | | | 10 |
| | | | | 22 |
| | | | 1 | 10 |
| 3 | 5 | 1 | | 11 |
| | 5 | | 3 | 19 |
| 14 | 20 | 21 | 7 | 14 |

The missing numbers are integers between 0 and 9.

The numbers in each row add up to totals to the right.

The numbers in each column add up to the totals along the bottom.

The diagonal lines also add up the totals to the right.

BETTER TO GIVE THAN TO RECEIVE

December is a month to volunteer. Find your passion and give of yourself.

Read to kids in school, tutor students in math, teach English to refugees, help at your local food bank, or homeless shelter.

The list is endless and the needs are great.



RECIPE

CHICKEN/TURKEY CRESCENT ROLL-UPS



Here's a great way to use leftover turkey or chicken!

INGREDIENTS

- 2-3 chicken breasts
- Chicken broth, enough to cover chicken while cooking
- 1 can crescent rolls
- 1 can cream of chicken soup
- 1/2 cup milk
- 1 cup shredded sharp cheddar cheese or 1 can of cheddar cheese soup
- 1 tsp. onion powder

DIRECTIONS

Place chicken breasts in crock pot and cover with broth. Cook for approximately 4 hours (on low) or until done. Remove from crock pot and let cool. Cut the chicken into small pieces and place a tablespoon of chicken in crescent rolls and roll up. Place in a greased casserole dish. Mix the other ingredients together and heat until cheese is melted. Pour over rolls. Bake at 350 degrees for 20-30 minutes or until brown.

