

## OUR GRILLS ARE FOR YOU!

You are welcome to use the grills located throughout the community. We love the aroma and you're keeping your neighbors safe by not grilling on your patio or balcony.

## A/C Tips

Your thermostat has two positions for the fan, AUTO and ON. AUTO means the system will cool or heat your home by adjusting your thermostat to your desired temperature. ON means the fan will run constantly, regardless of any other setting. It also has three settings for your choice of climate, COOL, HEAT and OFF.

For energy savings, do not change the temperature drastically to cool your home. A slight adjustment in temperature will cause the desired results at a lower cost. If your air conditioner is not working, turn the unit off and contact the office. Leaving the unit on can cause further damage and delay repair time.

## A ROUND OF APPLAUSE

Our maintenance team is committed to keeping the property looking and running its best. They work hard every day to ensure the grounds are maintained and service requests are answered. It is a difficult job all year long, but the summer is our maintenance team's most challenging time. The grounds and amenities require more attention, yet the service requests must still be answered and the A/C units must be repaired. They get out in the heat so you don't have to. So the next time you run across one of our team members, let them know how much you appreciate them. Our community runs smoothly and looks great because of them.

## Stay Hydrated in the Heat

Make sure you're getting the water your body needs – especially in the summer. Although water may not be your drink of choice, adding fruits or veggies can give you a whole new taste, and they're good for your health. Leave them in the water for 30 minutes to an hour before you drink to get maximum benefit. Here are some good options for you: Pineapple, lemons, whole mint leaves, strawberries, grapes, red berries, cucumbers, limes, oranges.

## TOO HOT FOR YOUR FURRY FRIEND

Do you like to take your pet along with you in the car to run errands? Many people do – just remember to never leave your pet in a parked car during the hot summer months. On an 85-degree day, the temperature in your car with the windows open can reach 102 degrees in 10 minutes. In just 30 minutes, with the windows closed, the temperature can reach 160 degrees. These extreme temperatures can cause heatstroke, brain damage and maybe even death. A police officer or animal care officer may cite you for cruelty to animals if your pet is left in these conditions. So take care of our furry residents and reconsider when taking your pets along during summer errands.



S	M	T	W	T	F	S
JUNE						
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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

June 1-19 – **"Baby Shark":** Nashville Children's Theater  
 June 2 – **Vance Joy:** Ryman Auditorium  
 June 3 – **St. Paul & The Broken Bones:** Ascend Amphitheater  
 June 3-4 – **Drew Holcomb & The Neighbors:** Ryman Auditorium  
 June 4 – **Nashville R&B Fest:** Bridgestone Arena  
 June 5 – **The NHabit Worship Experience:** Ryman Auditorium  
 June 5 – **Russ:** Ascend Amphitheater  
 June 6 – **Darius Rucker:** Ryman Auditorium  
 June 7 – **Stars for Second Harvest:** Ryman Auditorium  
 June 7-12 – **Sounds vs. Norfolk**  
 June 7-July 17 – **"May We All":** TPAC  
 June 9-12 – **CMA Fest:** Nissan Stadium  
 June 10 – **Legendz of the Streets Tour:** Bridgestone Arena  
 June 10 – **Chelsea Handler:** Ryman Auditorium  
 June 12 – **Sunday Mornin' Country:** Grand Ole Opry House  
 June 13 – **Belle & Sebastian:** Ryman Auditorium  
 June 13 – **Andy Grammer:** CMA Theater  
 June 13 – **Game Grumps Live:** War Memorial Auditorium  
 June 16 – **Colbie Caillat:** CMA Theater  
 June 17 – **American Aquarium:** Ryman Auditorium  
 June 17 – **Bobby Bones:** CMA Theater  
 June 18 – **Brooks & Dunn:** Bridgestone Arena  
 June 18 – **The Last Podcast on the Left:** Ryman Auditorium  
 June 19 – **Cheer Live:** Bridgestone Arena  
 June 20-21 – **Amos Lee:** Ryman Auditorium  
 June 21 – **Train:** Ascend Amphitheater  
 June 21-26 – **Sounds vs. Gwinnett**  
 June 23 – **Del McCoury:** Ryman Auditorium  
 June 24 – **Kraftwerk:** Ryman Auditorium  
 June 24 – **Bon Iver:** Ascend Amphitheater  
 June 25 – **Monster Jam:** Nissan Stadium  
 June 25 – **Mandy Moore:** Ryman Auditorium  
 June 25 – **Ben Rector:** Ascend Amphitheater  
 June 25-July 17 – **"The Spongebob Musical":** Nashville Children's Theater  
 June 28 – **The Glenn Miller Orchestra:** TPAC  
 June 28 – **Fisk Jubilee Singers:** Ryman Auditorium  
 June 28-July 3 – **Sounds vs. Indianapolis**  
 June 30 – **Mötley Crüe:** Nissan Stadium  
 June 30 – **Maverick City Music:** Bridgestone Arena  
 June 30 – **Dan Tyminski:** Ryman Auditorium  
 June 30 – **5 Seconds of Summer:** Ascend Amphitheater

All dates subject to change without notice

## JUNE 2022

### STAFF

**Deena Beattie**  
Property Manager

**Lex Brabson**  
Assistant Manager

**Zelina Perry**  
Leasing Agent

**Randy Hollis**  
Maintenance Supervisor

**Jacob Silvey**  
Maintenance Tech

**Andrew Lott**  
Maintenance Tech

**Michael Huffman**  
Groundskeeper

**Audrean Manquero**  
Courtesy Officer

### PEST

### CONTROL

**Wed., June 22**  
Bldgs. H, I, J, Q

### LAUNDRY

### CODE

# 4889

The Royal Arms staff would like to welcome **Zelina Perry** to our team. She is our new Leasing Consultant and we are excited to have her as a part of our team. Please come by the office to introduce yourself!

# Royal Arms of GREEN HILLS

2011 Richard Jones Road • Nashville, TN 37215  
615-297-8281 • FAX 615-297-0497

Schatten Properties Management Co., Inc.

## CELEBRATE THE FIRST DAY OF SUMMER

The first day of Summer is Tuesday, June 21. This is the summer solstice and is the day of the year with the most sunlight, often referred to as the longest day of the year. Since ancient times, the summer solstice has been marked on calendars with celebrations honoring the sun and as a way to mark the seasons. Celebrate this seasonal change in a positive way to kick off your summer fun!

## The Pool is Open!

We are open and ready for you! Enjoy these hot days and evenings as you take advantage of the pool. Please read and follow the posted pool rules. This will ensure the pool stays open all summer long!

## FATHER'S DAY

Father's Day is a day to not only honor your father but all men who act as a father figure. Stepfathers, uncles, grandfathers, and adult male friends are all honored on Father's Day. So for all those men out there who have impacted someone's life in a positive way, we appreciate you and wish you a Happy Father's Day!

## Fun With Friends

Your guests are always welcome at our community, but remember that you must accompany them whenever they use our facilities. Most importantly, remember you are responsible for the conduct of your guests and responsible for seeing that they too abide by all Community Policies and Procedures. Please help make their stay more enjoyable by informing them of the community policies in advance. Thanks for your cooperation, and we hope you and your guests have a wonderful time!



## DOG DAYS OF Summer



**Start this summer off right – plan your time with family and friends!**

Bike trails are gaining popularity throughout the nation. Whether it's through nature or on the pavement, biking is a great activity.

Don't have a bike? Rent one or go to a second-hand shop and buy one cheap! If it's rainy, go to your fitness center and ride a couple of miles.

Movie nights are great outdoors!

Check to see if your local park offers a movie night.

If not, go to a drive-in.

Don't forget the popcorn!

Google DriveInMovie.com to find one near you.

Is there anything better than getting wet on a hot day? Take advantage of pools and lakes in your area. Take your sunscreen, pack a cooler and head to the water for the day. Get your exercise in with sports.

Volleyball, Frisbee, golf – the choices are limitless during the summer. Don't play? Go to youth baseball and soccer games and support your community.

Plan on rainy days by setting up an inside game day, a time to get caught up on movies, or exercise.

Get the kids involved in a summer reading program through your library. They can earn prizes and at the same time work their brain during the summer.

## BE A Blood DONOR

Every day people, hospitals, communities need blood donations. Statistically someone needs blood every two seconds. Here are some facts showing the importance of blood donations.

- One pint of blood can save up to three lives.
- 4.5 million Americans will need a blood transfusion each year.
- About 1 in 7 people entering a hospital needs blood.
- 94 percent of blood donors are registered voters.
- One unit of blood can be separated into red blood cells, platelets, plasma and cryoprecipitate.
- Thirteen tests (11 for infectious diseases) are performed on each unit of donated blood.
- The rarest blood type is the one not on the shelf when it's needed by a patient.

If you cannot give blood, volunteer or organize a blood drive. Contact your company, community organization or place of worship to get involved with blood donation.



### Roasted Veggies

Cut up literally any vegetables and put in a Ziploc bag. Preheat oven to 400.

Drizzle with olive oil, sprinkle with Italian seasoning, garlic, salt and pepper. Place evenly on rimmed baking sheet. Roast 15 minutes, turning evenly halfway through cooking time.

Check for your desired level of tenderness. Enjoy!



The longest "sunlight" day of the year is June 21st. Let's enjoy summer to the fullest!

On that day, the North Pole will receive 24 hours of daylight while the South Pole will receive 24 hours of darkness. It's a good thing the Alaska Goldpanners of Fairbanks have their annual Midnight Sun Game on that day.

Where did Frisbees come from? Back in 1871, Yale students used the Frisbie Pie Company aluminum tins as one of the first Frisbees. Study, snack and play disc all in one.

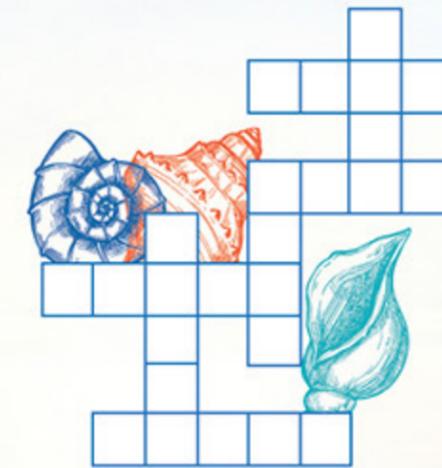
Brain activity peaks in the summer. Humans are scientifically proven to be happier in the summer – sunshine at its best!

One of summer's best treats is watermelon. With over 300 varieties, this vegetable (not a fruit) is sure to please.

Iron on the Eiffel Tower expands in the heat of summer, growing about 6 inches every summer.

Don't you love lazy rivers? If you're in the Waco, Texas area, try out the ¾-mile loop at BSR Cable Park. It will take you about an hour to complete.

Fresh fruit is a lot cheaper in the summer – which means you should find a local farmer's market and support your local farmer!



## BEACH FILL-IN

Fill in the crossword puzzle using these words

- |                  |                  |
|------------------|------------------|
| <b>4 LETTERS</b> | <b>5 LETTERS</b> |
| PIER             | BEACH            |
| SAND             | OCEAN            |
| SURF             | SHELL            |
| SWIM             |                  |

- 03 National Donut Day
- 06 D-Day Anniversary
- 08 National Best Friend Day
- 14 Flag Day & World Blood Donor Day
- 18 International Picnic Day
- 19 Father's Day & Juneteenth
- 21 Summer begins

JUNE						
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## Thanks DAD

Whether you have a great dad or someone you look up to or who mentors you, we recognize there are a lot of men in our lives who matter. You can be that man, too.

When fathers are involved in their child's education, kids perform better in school, learn more, and exhibit healthier behavior.

The amount of time fathers spend with their children has tripled since 1965. Involved fathers have better health, drink alcohol less and have lower substance abuse.

Show your love to that special "father" in your life on Father's Day, June 19th.

