

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	MAY		

May 1 – *Nashville Sounds vs. New Orleans*  
 May 1-14 – “*Goodnight, Moon*”: Nashville Children’s Theater  
 May 2 – *Emmylou Harris*: Ryman Auditorium  
 May 2 – *Lil Wayne*: Municipal Auditorium  
 May 3 – *A Perfect Circle*: Bridgestone Arena  
 May 4 – *Opeth & Gojira*: War Memorial Auditorium  
 May 5 – *Pixies*: Ryman Auditorium  
 May 5 – *Bastille*: Ascend Amphitheater  
 May 5 – *Boston*: Municipal Auditorium  
 May 5 – *In This Moment*: War Memorial Auditorium  
 May 5-6 – *Luke Bryan*: Bridgestone Arena  
 May 5-7 – *Ballet: “7 Deadly Sins”*: TPAC  
 May 5-7 – *Spring Tennessee Craft Fair*: Centennial Park  
 May 6 – *Garrison Keillor Celebrates the Ryman*: Ryman Auditorium  
 May 6 – *Seether*: War Memorial Auditorium  
 May 6-7 – *Dave Matthews & Tim Reynolds*: Ascend Amphitheater  
 May 6-9 – *Nashville Sounds vs. El Paso*  
 May 7 – *Sam’s Place*: Ryman Auditorium  
 May 9 – *Breaking Benjamin*: War Memorial Auditorium  
 May 10 – *Steve Winwood*: Ryman Auditorium  
 May 11-14 – *Nashville Sounds vs. Albuquerque*  
 May 12 – *Paula Poundstone*: TPAC  
 May 12-13 – *Drew Holcomb & the Neighbors*: Ryman Auditorium  
 May 13 – *Iroquois Steeplechase*: Warner Park  
 May 14 – *Alice Cooper*: TPAC  
 May 15 – *Phoenix*: Ryman Auditorium  
 May 16 – *Whose Live Anyway?*: TPAC  
 May 16 – *Georgia On My Mind*: Ryman Auditorium  
 May 17 – *New Kids on the Block*: Bridgestone Arena  
 May 17 – *Mastodon*: Ryman Auditorium  
 May 17 – *Korn*: Municipal Auditorium  
 May 18 – *John Legend*: Ascend Amphitheater  
 May 19 – *Alan Jackson*: Ascend Amphitheater  
 May 19-20 – *Little Big Town*: Ryman Auditorium  
 May 23 – *Maxwell*: Bridgestone Arena  
 May 23-26 – *Nashville Sounds vs. Omaha*  
 May 23-28 – “*Beautiful: The Carole King Musical*”: TPAC  
 May 24 – *Hall & Oates*: Bridgestone Arena  
 May 25-27 – *Music City Jazz Festival*: Riverfront Park  
 May 26-27 – *Eric Church*: Bridgestone Arena  
 May 26-28 – *Flea Market*: The Fairgrounds Nashville  
 May 27 – *Nashville Symphony*: Ascend Amphitheater  
 May 27-30 – *Nashville Sounds vs. Colorado Springs*  
 May 31 – *Lake Street Dive*: Ryman Auditorium  
 May 31 – *Train*: Ascend Amphitheater  
 May 31 – *Julianne & Derek Hough*: Grand Ole Opry House

All dates subject to change without notice

## Man’s Best Friend

Please take care to walk your pet in the designated areas, keeping them safely on a leash. In addition, please remember to clean up after your pet. Everyone in the community will appreciate your thoughtfulness.

## GRILLING

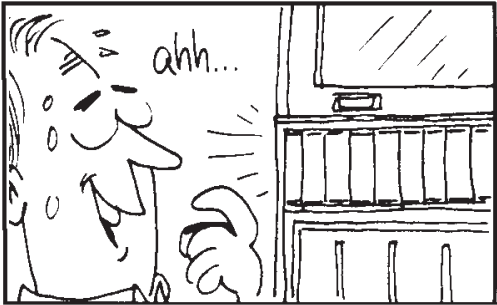
The Fire Marshal’s office has asked us to remind you that grills are not to be used or stored on your patios or balconies. For a great barbecue, we do provide barbecue grills and picnic tables for your use. We do ask that this area be kept clean for everyone to enjoy.

## Air Conditioning Time

Now that warmer weather is here, most of you will begin to rely on your air conditioning heavily. Here are a few things to keep in mind:

- Do not turn your air conditioning off during the day while you are away. While your air conditioning is off, the walls in your home will heat up and your cooling unit will have to run twice as long to cool when turned back on.
- Try to keep your thermostat at a constant temperature. Raising and lowering the temperature only increases the amount of work the unit has to do. An ideal temperature setting is about 72 degrees.
- Keep your blinds closed as much as possible, especially if you are on the south side of a building. Sunlight alone will easily raise the temperature in your home 10-15 degrees.
- Remember that any air conditioning unit is designed to cool approximately 15 degrees cooler than the outside temperature. So when the temperature outside reaches 98 degrees, your home cannot realistically be cooled to 68 degrees.

Please check your air conditioning and report any malfunctioning to our office so that we can correct those as quickly as possible.



# Royal Arms of GREEN HILLS

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*Schatten Properties Management Co., Inc.*

## WATCH THE CALENDAR

Vacation is right around the corner! But before you leave, remember rent is due by the 1st and is considered late by the 5th. Avoid paying late fees by taking care of rent and your bills before you leave. That way you can spend your money on fun stuff during vacation instead of unnecessary charges when you return. Bon voyage!

## Your Life, Your Time

As busy as life is, we know you’re glad you don’t have to worry about yard chores or outside maintenance. That’s what we’re here for—making your life easier. Give us a call when we can be of service to you.



## MAY 2017

### STAFF

**Deena Beattie**

*Property Manager*

**Bonnie McDonald**

*Assistant Manager*

**Crystal Harrell**

*Leasing Agent*

**Randy Hollis**

*Maintenance Supervisor*

**Troy Schmelzer**

*Maintenance Tech*

**Jimmy Luffman**

*Maintenance Tech*

**Craig Holland**

*Groundskeeper*

**Mike Thomas**

*Courtesy Officer*

### PEST CONTROL

**Wed., May 24**

*Bldgs. N-TH*

### FITNESS CODE

**# 6768**

### LAUNDRY CODE

**# 6768**







**Although not a holiday in Mexico, other countries love to celebrate Cinco de Mayo big time!**

- The Fiesta Broadway is a mile-long street fair in downtown Los Angeles. Other activities continue all the way to the coast.
- Sydney, Australia hosts a Margarita Showdown with five local bars showing off to see who makes the best margarita.
- Vancouver, Canada holds an annual Cinco skydiving event, followed by a moustache contest.
- The annual air guitar competition is held on Cinco in the Cayman Islands.
- Chandler, Arizona celebrates with Chihuahua races.

## Celebrate Mom

Most of us have fond memories of our mothers who gave so much of themselves to help us succeed. But if you look back on your life, you've had a lot of women who've helped "mother" you as well. Perhaps it was your friend's mom who took you both to practice, or a female teacher who prodded you to do your best, or a mentor who helped in your career.

You, too, can be a "mother" to others in your everyday walk. Look for ways to encourage those who need a hand up, offer your professional services to someone struggling and love on children who need it most.

## BIKE FOR YOUR Health



It's National Bike Month and a great time to start this healthy exercise. Did you know that exercise boosts brainpower? Kids are even more positively affected by time on the bike.

A study found that elderly patients with knee pain and osteoarthritis actually improved their condition when cycling was integrated into their routines.

You can lose fat simply by exercising and biking is a great way to exercise.

Studies have shown that insomnia sufferers who cycled for 20-30 minutes every other day had their fall asleep time reduced by half with sleep time increasing by almost an hour.

Cycling just 20 miles a week reduces your risk of heart disease to less than half that of those who take no exercise. Pregnant women who ride have an easier, less complicated labor, recover faster and enjoy better overall mood through the nine months. Your baby also has a 50% lower chance of becoming obese and enjoys better in-utero neurodevelopment. Always check with your doctor before beginning an exercise program.

## CINCO DE MAYO

### WORD SEARCH

CELEBRATION	HOLIDAY	MEXICO
COSTUMES	MAY	PINATAS
DANCING	MARACAS	SALSA
FIESTA	MARIACHI	SOMBRERO



## CHICKEN/CHEESE QUESADILLAS

2 CUPS BAKED OR GRILLED CHICKEN (DICED)  
1-1/2 CUPS SALSA (MILD OR HOT)  
1 CUP GRATED MEXICAN FOUR CHEESE LARGE TORTILLAS

Mix chicken, salsa and cheese together. In large skillet put small amount of oil or butter. Place a large tortilla in skillet, heat and turn over. Place chicken mixture on top of the hot tortilla and fold in half. Leave until second side gets hot. Place in casserole dish and do as many tortillas as you have mixture. Sprinkle cheese generously on tops of quesadillas; heat in 350 degree oven for 10 minutes or until cheese begins to melt. May be dipped in salsa or ranch dressing. Use your imagination by adding onions, peppers, mushrooms, etc. to chicken mixture if desired.

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ILLUSTRATIONS

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**Memorial Day is the holiday set aside to pay tribute to those who died serving in the military. What can you do?**

Visit cemeteries and place flags or flowers on the graves of our fallen heroes.

Visit memorials.

Find out if there are any observances in your area and attend. Participate in the National Moment of Remembrance at 3:00 p.m. to pause and think upon the true meaning of the day.